

Welcome to the X-Marathon Adventure Race

Just few days to go till the last adventure of 2014! We are looking forward to see you this weekend in Eildon

This information pack includes all necessary information about the upcoming event. If you have any questions please do not hesitate to contact us info@adventurejunkie.com.au 0402319032 Serge 0466968184 Maria Adventure Junkie team







Schedule

12 December Friday

- 19:00 Registration at the event HQ (Riverside drive Eildon)
 19:30 Dinner at the event HQ
 20:30 Race briefing
 21:30- 23:00 TA1 Open for kayaks drop
 13 December Saturday
 7:00- TA1 Open for kayaks drop
 7:30 Late Registration on site open
 8:30 Bags for TA1 ready for transportation
 8:30 Registration closed
 9:00 Start both courses
 17:00 Leaders of Adventure course expected to finish
 22:00 All Adventure course teams expected to finish
 14 December Sunday
 04:30 Leaders Pro course expected to finish
 11:00 All teams expected to finish
- 12:00 Presentation, Lucky draw.

Team registration

For on-site registration you need to come up to the event tent, sign up a waiver form, collect your event pack.

Please note that race bibs and timing bands are refundable, please put them into the bins provided at the finish line.

Every team pack consists of:

- 2 sets of event information and race maps. Maps of prologue will be given at the start of the race.

- 2 race bibs;
- 2 timing bands;
- 2 bike number plates;
- 2 bags for PRO course, 1 bag for Adventure course;
- bag tags.

Equipment

All time compulsory equipment:

-First aid kit – pt. (one crepe bandage, adhesive tape, wound dressing and six adhesive dressings);

-Whistle – pp.

-Compass – pp.

-Water resistant torch with sufficient batteries – pp.

-Wind and water proof jacket – pp.

-Thermal top long sleeve, could be either in backpack or on you – pp.

-Survival emergency blanket – pp.

-Water bottle or bladder minimum 2,5 l – pp.

-Set of maps, descriptions .- pt.

-Mobile phone (Telstra) in waterproof bag fully charged and <u>switched ON</u> during the race – pt.

-GPS in dry bag, any model, able to show your coordinates (e.g. GPS watch such as Garmin is ok). For emergency purposes only. Bring it to registration, we'll seal it and provide you GPS coordinates of major points.

Mountain bike leg compulsory equipment:

Mountain bike – pp.

Rear and front lights with sufficient batteries – pp.

Helmet – pp.

Repair kit – pt. (minimum two tubes, pump and tire levers)

Kayaking leg compulsory equipment:

Kayak – pt. (any type of kayaks or surf-skis is accepted. Kayaks are not provided for Pro course. Both double and single kayaks are accepted for Pro course, double sit-on-top kayaks are provided for Adventure course teams, however, you can use your own.

PFD – pp. (for Adventure course provided by organisers)

Double paddle – pp. (for Adventure course provided by organisers)

Footwear – pp. There will be some CPs where you need to walk to get them. Night red flare - pp. (PRO COURSE ONLY)

Equipment

Swim stage:

Inflatable item such as tube, swim ring, mat, min buoyancy 10 liters.

Paddle with bikes(only PRO)

Inflatable item such tube, raft.

Additional recommended items:

Sunscreen Sufficient nutrition - pp. Long tights - pp. Balaclava, buff or beanie - pp.

Trekking stage

Gaiters - pp. Waterproof map case - pt.

MTB stages

Map board – pt. Full repair kit – pt. (multi tool, chain breaker, spare chain links, patches) Bike computer – pt. Bike gloves - pp. <u>Kayaking stage</u>

Waterproof map case – pt. Dry bag – pp. Sunglasses – pp. Pump and ropes for bikes transportation (PRO only)

Electronic timing



Every participant received timing stick. Make sure you put it on your wrist and lock properly to avoid losing a stick



Every checkpoint is equipped with timing station, you need to push a red button on the station through your stick.

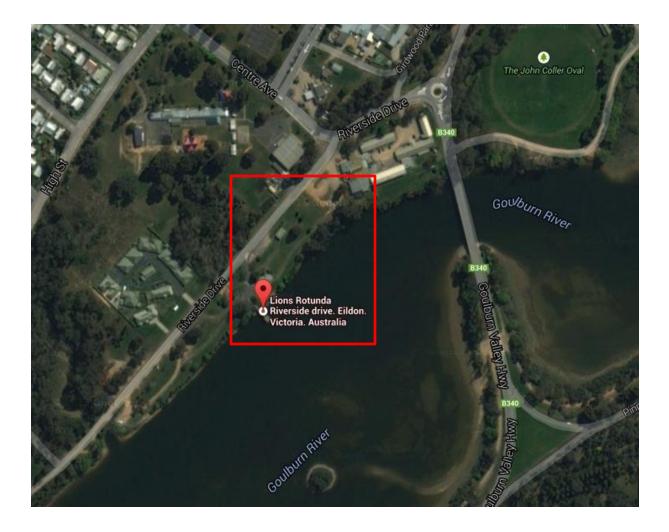
There is a microchip in the timing stick that need to touch the red button on the station.

If you check in successfully you will hear sound and light will blink on the station.

Location

Location of the event start-finish area is Riverside drive, Eildon.

Google maps link



Location



Location

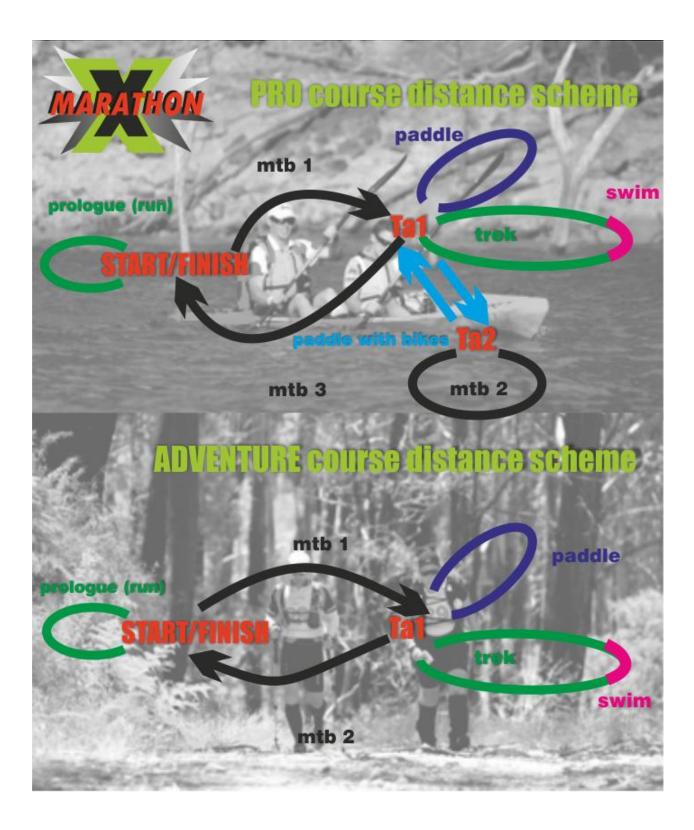




To get to TA 1 from Eildon take Skyline rd, then turn to Fraser Park road; there will be AJ sign for the last turn off

Eildon

Distance



Distance

PRO course 24 h		fastest time	slow time
prologue/run	4km	20	40
mtb	40 km	120	200
paddle	22 km	180	250
swim	0,5 km	10	20
trekking	20 km	220	400
paddle with bikes	3.5km	40	60
mtb	30km	150	250
paddle with bikes	3,5km	40	60
mtb	25 km	90	150
overall	148.5.5 km	870 min	1430 min
Adventure course 12	h		
prologue/run	4km	20	40
mtb	40 km	120	200
paddle	12 km	90	120
swim	0,5 km	10	20
trekking	12 km	150	220
mtb	25 km	90	150
overall	93.5 km	480 min	750 min

Equipment drop

<u>After the prologue</u> there will be a place to leave your shoes (and any other equipment), please pack them into the plastic bag and attach your team tag to it. These items will be available for collection after the finish. If you want your shoes at the next TA you have to carry them with you.

2 bags for team (Pro) and 1 bag per team (Adventure), each 15 kg max, will be transported by organisers to <u>TA1</u> at 9 AM Saturday. There will be water in TA1 but pack your own as well.

If you're using own kayak you have to transport it to TA1. TA1 opens from 21.30 to 23.00 Friday night (there will be officials camping overnight) and Saturday morning from 7 AM. It takes about 25 min one way to get to the TA1 from the Eildon town.

If you are transporting your own kayak to TA1 you can leave all your other equipment in the TA (packed in the bag with team tag attached).

No gear drop at **TA2**, you have to take everything what you need from TA1.

All bags will be transported back after the finish of the race. Adventure course teams bags will be transported after the last Adventure course team leaves TA1.

Maps

Maps of various scale will be used at X-Marathon Adventure Race.

Two sets of maps are provided at the registration (except for the Prologue which will be distributed at the start of the race- one per team).

All maps have 20 meters contour interval and aligned to magnetic North.

Maps are based on DSE topography and generally corrected for the event, but it is still possible some minor trails are not marked.

One kayaking map for team is laminated.

Cut off

There is one cut off on the course for the Pro course at the start of the second MTB leg. Additional details will be provided in the race information.

Finish is close at 11 AM Sunday.

Event center

Parking is available next to the start. If you have accommodation we suggest to leave your car there.

Toilets are next to the start.

Water is available from the tap.

FoodWorks shop is open at the town center (app 1 km from the start), 6.30 AM-7 PM.

